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10	BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA	
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13	In the Matter of the Accusation Against:	Case No. 800-2020-067286
14	Prakash Krishin Bhatia, M.D. 610 EUCLID AVE STE 200	ACCUSATION
15	NATIONAL CITY CA 91950-2951	
16	Physician's and Surgeon's Certificate No. A 74848,	
17	Respondent	
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20	PARTIES	
21	1. Reji Varghese (Complainant) brings this Accusation solely in his official capacity as	
22	the Interim Executive Director of the Medical Board of California, Department of Consumer	
23	Affairs (Board).	
24	2. On or about June 7, 2001, the Medical Board issued Physician's and Surgeon's	
25	Certificate No. A 74848 to Prakash Krishin Bhatia, M.D. (Respondent). The Physician's and	
26	Surgeon's Certificate was in full force and effect at all times relevant to the charges brought	
27	herein and will expire on May 31, 2025, unless renewed.	
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JURISDICTION

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
 - 4. Section 2227 of the Code states:
 - (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
 - (1) Have his or her license revoked upon order of the board.
 - (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
 - (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
 - (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
 - (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
 - (b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.
 - 5. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
 - (b) Gross negligence.
- (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.

FIRST CAUSE FOR DISCIPLINE

(Repeated Negligent Acts)

9. Respondent has subjected his Physician's and Surgeon's Certificate No. A 74848 to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (c), of the Code, in that he committed repeated negligent acts in his care and treatment of Patient A.¹ Patient B, and Patient C, as more particularly alleged herein:

Patient A

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On or about December 28, 2015, 2 Patient A first presented to Respondent. At that time, Patient A was a fifty-one (51) year-old male with a medication list of oxymorphone³ ER 60 mg three times daily, oxycodone⁴ 20 mg three times daily, carvedilol.⁵ omeprazole.⁶ and

References to "Patient A, B, and C" are used to protect patient privacy.

² Conduct occurring more than seven (7) years from the filing date of this Accusation is for informational purposes only and is not alleged as a basis for disciplinary action.

³ Opana ER® (oxymorphone HCL), an opioid analgesic, is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for the management of pain that is severe enough to require daily, around-theclock, long-term opioid treatment and for which alternative treatment options are not available. The Drug Enforcement Administration has identified oxycodone, as a drug of abuse. (Drugs of Abuse, A DEA Resource Guide (2011 Edition), at p. 41.) The Food & Drug Administration has issued a black box warning for Opana ER® which warns about, among other things, addiction, abuse and misuse, and the possibility of life-threatening respiratory distress. The warning also cautions about the risks associated with concomitant use of Opana ER® with benzodiazepines or other central nervous system (CNS) depressants.

⁴ Oxycodone HCL (OxyContin®) is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, Oxycodone HCL is used for the management of pain severe enough to require daily, around-the-clock, long term opioid treatment for which alternative treatment options are inadequate. The Drug Enforcement Administration (DEA) has identified oxycodone as a drug of abuse. (Drugs of Abuse, A DEA Resource Guide (2011 Edition), at p. 41.) The risk of respiratory depression and overdose is increased with the concomitant use of benzodiazepines or when prescribed to patients with preexisting respiratory depression.

⁵ Carvedilol is a medication [beta blocker] which can be used to treat high blood pressure and heart failure.

⁶ Omeprazole is a medication [proton-pump inhibitor] which can be used to treat heartburn, a damaged esophagus, stomach ulcers, and gastroesophageal reflux disease (GERD).

atorvastatin.⁷ Patient A reported drinking alcohol "once a year" but denied smoking cigarettes.

- Thereafter, from on or about December 28, 2015 through July 2017, Patient A returned to Respondent approximately fourteen (14) times, on a nearly monthly basis, with ten (10) of these visits seen by Respondent's nurse practitioner.
- From January 2016 through July 2017, Respondent prescribed the following controlled substances to Patient A as part of a pain management treatment program: oxycodone averaging 60 mg daily and oxymorphone averaging 180 mg daily, a combination with a morphine equivalent dosage (MED) of 630 mg daily.
- 13. During the treatment period, from on or about December 28, 2015 through July 2017, Respondent did not adequately monitor how Patient A was progressing regarding his pain treatment goals. The progress notes provide scant information regarding the nature and extent of Patient A's pain, including, but not limited to, location of the pain, quality and intensity of the pain, and factors that exacerbate or relieve the pain.
- 14. During the treatment period, from on or about December 28, 2015 through July 2017, Respondent failed to adequately check CURES⁸ reports and/or failed to document having adequately checked CURES reports.
- During the treatment period, from on or about December 28, 2015 through July 2017, Respondent failed to adequately utilize urine drug screen tests despite inconsistent result(s). For example, Patient A's urine sample collected on or about December 28, 2015 was positive for oxymorphone, but negative for oxycodone and all other substances tested. This result was inconsistent with a prescription of oxycodone (20 mg quantity 60) by Patient A's primary care physician.

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⁷ Atorvastatin (common brand Lipitor) is a medication which can be used to treat high cholesterol and triglyceride levels.

⁸ CURES is the Controlled Substances Utilization Review and Evaluation System (CURES), a database of Schedule II, III, and IV controlled substance prescriptions dispensed in California, serving the public health, regulatory oversight agencies, and law enforcement.

16. During the treatment period, from on or about December 28, 2015 through July 2017, Respondent failed to adequately monitor and/or failed to document having adequately monitored Patient A for possible side effects from the opioid analgesics.

Patient B

- 17. On or about January 31, 2012, Patient B first presented to Respondent. At that time, Patient B was a fifty-three (53) year-old female with a history of ADHD⁹ and bipolar disorder. Respondent began providing pain management treatment.
- 18. From about June 2016 through June 2017, Respondent prescribed the following controlled substances to Patient B: transdermal fentany1¹¹ 100 µg quantity 10 on average every 38 days, oxycodone averaging 114 mg daily (Morphine Equivalent Dose of 171 mg daily), clonazepam¹² averaging 2.5 mg daily, and carisoprodol¹³ 350 mg averaging 2.9 tablets daily.

⁹ Attention Deficit Hyperactivity Disorder (ADHD) is a chronic condition including attention difficulty, hyperactivity, and impulsiveness.

¹⁰ Bipolar disorder is a disorder associated with episodes of mood swings ranging from depressive lows to manic highs.

Fentanyl transdermal (Duragesic®) patches are a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (c), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated fentanyl transdermal patches are indicated for the management of pain in opioid-tolerant patients, severe enough to require daily, around-the-clock, long term opioid treatment and for which alternative treatment options are inadequate. The FDA has issued several black box warnings about fentanyl transdermal patches including, but not limited to, the risks of addiction, abuse and misuse; life threatening respiratory depression; accidental exposure; neonatal opioid withdrawal syndrome; and the risks associated with the concomitant use with benzodiazepines or other CNS depressants.

¹² Klonopin® (clonazepam), a benzodiazepine, is a centrally acting hypnotic-sedative that is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used to treat seizure disorders and panic disorders. Concomitant use of Klonopin® with opioids "may result in profound sedation, respiratory depression, coma, and death." The Drug Enforcement Administration (DEA) has identified benzodiazepines, such as Klonipin®, as drugs of abuse. (Drugs of Abuse, DEA Resource Guide (2011 Edition), at p. 53.)

Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for the short-term treatment of acute and painful musculoskeletal conditions. Soma® is commonly used by those who abuse opioids to potentiate the euphoric effect of opioids, to create a better "high." According to the DEA, Office of Diversion Control, "[c]arisoprodol abuse has escalated in the

- 19. During the treatment period, from about June 2016 through June 2017, Respondent did not adequately monitor how Patient B was progressing regarding her pain treatment goals. The progress notes provide scant information regarding the nature and extent of Patient B's pain, including, but not limited to, location of the pain, quality and intensity of the pain, and factors that exacerbate or relieve the pain.
- 20. During the treatment period, from about June 2016 through June 2017, Respondent failed to adequately check CURES reports and/or failed to document having adequately checked CURES reports.
- 21. During the treatment period, from about June 2016 through June 2017, Respondent failed to adequately utilize urine drug screen tests despite the fact that Respondent was aware of at least one prior Driving Under the Influence of a Drug [Oxycodone] incident for Patient B.

Patient C

22. On or about August 11, 2014, Patient C first presented to Respondent after her admission to a nursing home in or around May 2014 following pneumonia and exacerbation of her chronic obstructive pulmonary disease (COPD). Patient C had a history of COPD, diabetes mellitus type 2, diabetic neuropathy, hypertension, hyperlipidemia, obesity, coronary artery

last decade in the United States. According to Diversion Drug Trends, published by the DEA on the trends in diversion of controlled and noncontrolled pharmaceuticals, carisoprodol continues to be one of the most commonly diverted drugs. Diversion and abuse of carisoprodol is prevalent throughout the country. As of March 2011, street prices for [carisoprodol] Soma® ranged from \$1 to \$5 per tablet. Diversion methods include doctor shopping for the purposes of obtaining multiple prescriptions and forging prescriptions."

¹⁴ Chronic obstructive pulmonary disease (COPD) is a group of lung diseases that block airflow and make it difficult to breathe.

¹⁵ Diabetic neuropathy refers to a type of nerve damage that can occur with diabetes.

¹⁶ Hypertension refers to a high blood pressure.

¹⁷ Hyperlipidemia refers to a condition in which there are high levels of fat particles (lipids) in the blood.

disease, ¹⁸ diastolic heart failure, ¹⁹ depression, anxiety, gastroesophageal reflux disease, ²⁰ spinal stenosis, ²¹ chronic pain and degenerative joint disease. ²² At the nursing home, Patient C was managed by her primary care physician and various consultants, including a psychiatrist for her mental health.

- 23. From on or about August 11, 2014 through on or about March 19, 2017, Patient C presented to Respondent for a total of approximately twenty-three (23) times. Respondent provided pain management treatment and/or care, including, but not limited to, prescribing analysesic medications, including opioid analysesics and carisoprodol, and administering several steroid injections at the knees.
- 24. From on or about May 8, 2016 through on or about May 17, 2016, Patient C was hospitalized due to a drug overdose, and was brought to the emergency room by paramedics from her skilled nursing facility "for altered mental status."
- 25. On or about May 9, 2016, a psychiatric consultant found Patient C to be confused and a poor historian and noted that Patient C's urine drug screen was positive for amphetamine, cannabis, opiates, and oxycodone.
 - 26. On or about May 17, 2016, Patient C was discharged back to the nursing home.
- 27. Respondent's medical records regarding Patient C's May 2016 hospitalization contain, among other things, references to diagnoses of amphetamine use and marijuana use, "crystal meth[amphetamine] use," morbid obesity, and suspected obstructive sleep apnea.²³ However, Respondent failed to adequately follow up and/or failed to document having adequately

¹⁸ Coronary artery disease refers to a damage or disease in the heart's major blood vessels.

¹⁹ Diastolic heart failure occurs if the left ventricle muscle becomes stiff or thickened.

²⁰ Gastroesophageal reflux disease (GERD) refers to a digestive disease in which stomach acid or bile irritates the food pipe lining.

²¹ Spinal stenosis refers to a narrowing of the spinal canal.

²² Degenerative joint disease, also called osteoarthritis, is a type of arthritis that occurs when flexible tissue at the ends of bones wears down.

²³ Obstructive sleep apnea refers to an intermittent airflow blockage during sleep.

followed up with Patient C's use of amphetamine and marijuana: Respondent failed to obtain urine drug screens. Respondent failed to adequately discuss and/or failed to document having adequately discussed with Patient C regarding her amphetamine and cannabis use.

- 28. During the treatment period, from on or about May 1, 2016 through on or about March 19, 2017, Respondent failed to adequately coordinate care with other health care providers, including, but not limited to, other treating physicians such as the primary care physician, psychiatrist, and staff at the nursing home.
- 29. Respondent committed repeated negligent acts in his care and treatment of Patient A Patient B, and Patient C, including, but not limited to:
- 30. Respondent failed to adequately monitor Patient A during his pain management care and treatment of Patient A;
- 31. Respondent failed to adequately monitor Patient B during his pain management care and treatment of Patient B;
- 32. Respondent failed to adequately follow up with Patient C regarding Patient C's amphetamine and cannabis use; and
- 33. Respondent failed to adequately coordinate his care and treatment of Patient C with other health care providers and staff at the nursing home.

SECOND CAUSE FOR DISCIPLINE

(Failure to Maintain Adequate and Accurate Records)

34. Respondent has further subjected his Physician's and Surgeon's Certificate No. A 74848 to disciplinary action under sections 2227 and 2234, as defined by section 2266, of the Code, in that Respondent failed to maintain adequate and accurate records regarding his care and treatment of Patient A, Patient B, and Patient C, as more particularly alleged in paragraphs 9 through 33, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

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THIRD CAUSE FOR DISCIPLINE

(General Unprofessional Conduct)

35. Respondent has further subjected his Physician's and Surgeon's Certificate No. A 74848 to disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged in conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming of a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine, as more particularly alleged in paragraphs 9 through 34, above, which are hereby incorporated by reference as if fully set forth herein.

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate No. A 74848, issued to Prakash Krishin Bhatia, M.D.;
- 2. Revoking, suspending or denying approval of Prakash Krishin Bhatia, M.D.'s authority to supervise physician assistants and advanced practice nurses;
- 3. Ordering Prakash Krishin Bhatia, M.D., to pay the Board the costs of the investigation and enforcement of this case, and if placed on probation, the costs of probation monitoring; and
 - 4. Taking such other and further action as deemed necessary and proper.

DATED:

APR 2 4 2023

REJI VARGHESE

Interim Executive Director Medical Board of California Department of Consumer Affairs State of California

Complainant

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